



Lucile Packard Children's Hospital at Stanford

Contemporary Issues In Adolescent Health

Voyage of the Glaciers Alaska Cruise

June 22-29, 2002

EDUCATIONAL OBJECTIVES

The course is designed for pediatricians, family physicians, nurses and other health professionals interested in adolescent health. The faculty will provide the latest practical information on the diagnosis and management of various problems encountered in the office practice.

Upon completion of this course, participants should be able to:

- discuss the unique health issues of adolescence
- diagnose normal, delayed and advanced puberty
- describe current treatment of diabetes mellitus
- discuss strategies to modify the use and abuse of tobacco and drugs among adolescents
- discuss various aspects of caring for the adolescent: confidentiality, contraception, sexually transmitted diseases and eating disorders.

ACCREDITATION

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Stanford University School of Medicine designates this continuing medical education activity for up to 14.5 hours in Category 1 credit towards the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The California State Board of Registered Nursing recognizes this accredited Category 1 course as acceptable toward continuing education requirements for license renewal by nurses.

Lucile Packard Children's Hospital at Stanford is approved by the Board of Registered Nursing, provider number CEP 12570, to offer this symposium for 15 contact hours.

COURSE FACULTY

Seth Ammerman, MD

Assistant Clinical Professor, Department of Pediatrics, Division of Adolescent Medicine

Raymond Hintz, MD

Professor of Pediatrics, Attending Physician, Division of Endocrinology

Iris Litt, MD

Professor of Pediatrics, Director, Division of Adolescent Medicine

Terry O'Grady, RN, MS

Director of Community and Physician Relations

Nancy Sanchez, MA

Manager of Community Relations
Director, Becoming Parents Program

CONTEMPORARY ISSUES IN ADOLESCENT HEALTH

JUNE 22-29, 2002

"VOYAGE OF THE GLACIERS" ALASKAN CRUISE

PROGRAM (Program Subject to Change)

Sunday, June 23, 2002

- 7:00 am Breakfast with Faculty
8:00 am Overview of Contemporary Issues in Adolescent Health
Iris Litt, MD
8:30 am Puberty: Normal, Delayed and Advanced
Raymond Hintz, MD
9:30 am Confidentiality: A Teen's Right
Nancy Sanchez, MA
10:15 am Break
10:30 am Helping Kids Kick Butts: Tobacco Use in Adolescents
Seth Ammerman, MD
11:15 am Growth Problems at the Time of Puberty
Raymond Hintz, MD
12:00 Faculty Answers Your Questions
12:30 pm Adjourn for the Day

Monday, June 24, 2002

- 3:00 pm Sex Happens: Update on Contraception
Iris Litt, MD
4:00 pm STDs in Adolescents: Update on Diagnosis and Management
Seth Ammerman, MD
5:00 pm Faculty Answers Your Questions
5:30 pm Adjourn for the Day

Thursday, June 27, 2002

- 3:00 pm When Your Patient's Parent is an Adolescent: Working with Teen Parents in Your Practice
Nancy Sanchez, MA
4:00 pm Substance Use and Abuse in Adolescents
Seth Ammerman, MD
5:00 pm Faculty Answers Your Questions
5:30 pm Adjourn for the Day

Friday, June 28, 2002

- 7:00 am Breakfast with Faculty
8:00 am Unique Health Issues of the Adolescent Female
Iris Litt, MD
8:45 am Diabetes Mellitus in the Adolescent: Type 1, Type 2 and In-between
Raymond Hintz, MD
9:30 am Teen Health Line: a Unique Resource for Kids with Questions
Terry O'Grady, RN, MS
10:15 am Break
10:30 am Approach to the Diagnosis and Management of Menstrual Disorders
Seth Ammerman, MD
11:15 am Dying to Be Thin
Iris Litt, MD
12:30 Faculty Answers your Questions
12:45 pm Adjournment

STAR PRINCESS VOYAGE OF THE GLACIERS ITINERARY

All times subject to change

Day	Port	Arrive	Depart	Conference Times
Saturday June 22	Vancouver, BC Canada		5:30 pm	na
Sunday June 23	Inside Passage Cruising			7:00 am - 12:30 pm
Monday June 24	Ketchikan	6:30 am	3:00 pm	3:00 pm - 5:30 pm
Tuesday June 25	Juneau	7:30 am	7:30 pm	n/a
Wednesday June 26	Skagway	7:00 am	7:00 pm	n/a
Thursday June 27	Glacier Bay Cruising	6:00 am	3:00 pm	3:00 pm - 5:30 pm
Friday June 28	College Fjord Cruising	3:00 pm	6:00 pm	7:00 am - 12:45 pm
Saturday June 29	Anchorage (Seward)		Disembark am*	

* The ship docks in Seward approximately a 2-hour bus transfer to Anchorage airport. Departure time from the ship in Seward is dependent on your flight time from Anchorage.

DAILY ITINERARY

Day 1 – Sail from Vancouver

Begin your Alaska adventure.

Day 2 – Inside Passage Cruising

Most of day at leisure to explore all of the wonderful ship board activities.

Conference meets from 7 a.m. – 12:30 p.m.

Day 3 – Ketchikan (Port of Call) 6:30 a.m. – 3:00 p.m.

Our first stop is at the salmon and totem pole capital of the world. An optional tour can show you native carvers at work. *Conference from 3:00 – 5:30 p.m.*

Day 4 – Juneau (Port of Call) 7:30 a.m. – 8:00 p.m.

Today we'll call at Juneau, Alaska's capital. Sightsee and shop in town or choose from a wide array of shore excursions. *No conference scheduled.*

Day 5 – Skagway (Port of Call) 7:00 a.m. – 8:00 p.m.

Step back into history at the Trail of '98 Museum. Take a trip along the White Pass rail route to the Yukon. *No conference scheduled.*

Day 6 – Glacier Bay or Hubbard Bay Cruising 6:00 a.m. – 3:00 p.m.

Be sure to be out on deck to see icebergs born as we cruise the fabulous bay.

Conference from 3:00 – 5:30 p.m.

Day 7 – College Fjord Cruising 3:00 p.m. – 6:00 p.m.

Enjoy a full day of cruising as you sail across Prince William Sound to College Fjord. See as many as 16 sparkling glaciers. *Conference from 7 a.m. – 12:30 p.m.*

Day 8 – Arrive Seward/Anchorage

This morning we'll transfer you from the ship to the Anchorage airport for your flight home or to your next Alaska adventure.

Cruise, conference schedule and times subject to change. A finalized conference schedule will be given on-board.

REGISTRATION

Please register in advance for the conference by using the following enrollment application. Conference space is limited. Please register for the conference when you book the cruise.

(Please Print)

Name/Degree: _____

Specialty: _____

Organization: _____

Street Address: _____

City, State, Zip: _____

Primary Daytime phone: _____

Meeting Cost for MD's: \$400; Retired MD's: \$370

RN's, all other health professionals, MD's in training: \$350

Discount for booking with CMX travel will be \$100 off each registration.

Registration must be received by **June 5, 2002. Space is limited. Please register early.** Written cancellation must be received by June 5, 2002 to receive a refund. A \$50 service charge will be retained.

Payment for Meeting Registration

____ Check payable to Lucile Packard Children's Hospital (CME #2002-CR)

____ Visa ____ MasterCard

Name of cardholder _____

Card number _____

Total charged _____ Expiration date _____

Authorized signature _____

If you have special needs, please indicate them here:

Please fax this application (with credit card number for meeting registration only) to (650) 497-8585 or mail with check to CME Office, Lucile Packard Children's Hospital, 725 Welch Road, Palo Alto, CA 94304.

If you have registration questions, please call the CME office @ (650) 497-8555 email: lpchcme@medcenter.stanford.edu



Lucile Packard Children's Hospital
STANFORD UNIVERSITY MEDICAL CENTER

Community-Physician Relations
725 Welch Road
Palo Alto, CA 94304

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University of California

Cruise space is limited – Reserve NOW!!

*Ask about our specially
priced cruise tours!*

**All space is on a first-come-first-serve basis and is limited.
All information, fares, schedules and fees are subject to change.
For Cruise Reservations and Information, please contact:**

CMX Travel
2107 Hockley Drive
Hingham, MA 00204
toll free: 877-843-8500
telephone: 781-749-7409
fax: 781-735-0558
email: cmxtravel@cmxtravel.com

CRUISE RESERVATION PROCEDURE

All reservations must be made through CMX Travel in order to receive these special group rates. If Princess offers a lower advertised rate, the lower rate will apply. Persons sharing a cabin must reserve at the same time and only one reservation per cabin is made.

CMX TRAVEL offers a web site that provides additional information on this cruise and cruise tours. Please visit www.cmxtravel.com, click on "Current Conferences," then click on the Alaska Cruise icon. Also visit www.princess.com for pictures of the ship, cabins, decks and even a 360-degree tour of your cabin!!

DEPOSIT/PAYMENT POLICY

The standard cruise deposit is \$350 per person at time of reservation. Final payment is due April 1, 2002) and will be automatically charged to the credit card provided at time of reservation. Reservations made on or after April 1, 2002 require payment in full.

PRINCESS CRUISE LINES POLICIES AND PROCEDURES

The policies and procedures that govern this cruise are detailed in the Princess Cruise Brochure, which will be sent to you with your reservation confirmation. It is important that you read and understand thoroughly all of Princess Cruise Line's policies and procedures.

PRINCESS AIR/SEA PROGRAM

We strongly recommend that you have Princess arrange your air travel to Vancouver and from Anchorage on the return. Should you arrange your own air travel you will be responsible for arriving at the ship on time. You cannot board the Dawn Princess after it has left port in Vancouver due to international maritime laws (The Jones Act). If you arrange your own air, we recommend that you arrive in Vancouver the day before and overnight in Anchorage the day after or arrange a flight from Anchorage after 1:00 pm on June 29, 2002.

CANCELLATION POLICY

All cancellations must be in writing. Changes of sailing date or passenger names are considered cancellations and new bookings. All cancellations regardless of nature are subject to an administrative fee of \$35 per person **PLUS** the following fees:

Cancellation fees:

Days prior to Cruise departure date	cancellation fee per person
75 days or more	\$35.00
74-46 days	deposit amount
45-15 days	50% of total charges
14 days- 72 hours	75% of total charges
Less than 72 hours to nonappearance	100% of total charges

Please refer to the Princess brochure page 132 for full disclosure and details

CHANGE/REFUND POLICY

Changes to your itinerary, services or names or refunds for any reason are subject to a \$35 per change fee. No fee applies to upgrading or adding of services.

PRE-CRUISE INFORMATION PACKET

This packet will be sent to you approximately 30 days prior to sailing. This contains information on tours, activities, ports of call, formal nights, dress, weather, tuxedo rental forms and other helpful information.

CITIZEN DOCUMENTATION

For US Citizens a Passport or proof of U.S. citizenship and photo ID required. Minors (under 16) traveling alone or in someone else's custody, must present written authorization signed before a notary from the parent(s) or guardian. Visa not required for U.S. citizens entering from the U.S. for a stay up to 180 days. Anyone with a criminal record (including a DWI charge) should contact the Canadian Embassy or nearest Consulate General before travel. U.S. citizens entering Canada from a third country must have a valid passport. For student or business travel, check with the Canadian Embassy, 501 Pennsylvania Ave., N.W., Washington, D.C. 20001 (202/682-1740) or nearest Consulate General: CA (213/346-2700), MI (313/567-2085), NY (212/596-1700 or 716/858-9501), or WA (206/443-1777) or visit www.state.gov and click index, then click P, then click On Line Passport Information, then click Visa/Entry Requirements.

Passengers who do not possess the proper documentation may be prevented from boarding the ship/flight without refund of the cruise or cruise tour. It is the passenger's responsibility to have the correct documentation for each person in his or her party. Non-US Citizens are advised to consult with their nearest Canadian Consulate or Embassy.

INTRODUCING THE STAR PRINCESS

Debuting in March 2002, The Star Princess, sister ship to Grand Princess, will become the largest and most amenity-filled ship positioned on the West Coast, bringing the best of Personal Choice Cruising to Alaska for the first time. Star Princess features many of the same popular innovations including a wedding chapel, two specialty restaurants, three dining rooms, three separate show lounges, 4 swimming pools, a nightclub 15 decks above sea level, Grand Casino, Health Club & Spa and Princess' unique Personal Choice Dining program of both traditional and restaurant-style dining options and much more. At 109,000 tons, of Bermudan registry and carrying almost 2600 passengers the ship is a floating resort with a full theatre at sea, top of the line fitness area, pool and over 700 staterooms with balconies.

STAR PRINCESS DISCOUNTED GROUP FARES

Your 7 nights cruise includes:

8 days of cruising, all meals and entertainment, port charges, welcome reception and welcome gift

Cruise fares start at \$799 per person!

Please call for outside, balcony and suite rates!

ATTENTION – FAMILIES WITH 3 OR 4 PERSONS!!!!

Limited cabins exist aboard the Star Princess for families with three or four persons.