



Lucile Packard Children's Hospital

STANFORD UNIVERSITY MEDICAL CENTER

Autism Spectrum Disorder: Educational Series for Parents



LPCH Center for Autism and Related Disorders

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REGISTER FOR SESSIONS AT:
<http://childpsychiatry.stanford.edu>



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Session 1: Autism Spectrum Disorders—Diagnosis and Presentation

Learn how Autism Spectrum Disorders are diagnosed, and review the strengths and weaknesses associated with these conditions.

Session 2: Understanding Autism Perspectives

Learn about three current neurocognitive theories for ASD, including theory of mind, central coherence, and executive functioning, which helps us better understand the behaviors of children with ASD.

Session 3: Research Update on the Neurobiology of Autism

Review what we know and do not know about the causes of autism.

Session 4: Basics of Behavior Management

Introduction to general principles of effective behavior management strategies in the home; practicing consistency and structure; limiting certain behaviors; how to shape behavior effectively; the role of consequences.

Session 5: ASD Interventions I

Review of the following treatments for autism spectrum disorders: Applied Behavior Analysis, language-based, and school-based interventions.

Session 6: ASD Interventions II

Review of the following treatments for autism spectrum disorders: social skills interventions, occupational therapy, speech therapy, and biomedical treatments.

Session 7: How to Evaluate the Effectiveness of a Treatment

Obtain information on how to be a "smart consumer" when searching for treatments; how to evaluate an intervention systematically, how to decide which treatments to seek.

Session 8: Navigating the Service System

Understanding the federal special education law and the IFSP/IEP process; parent rights; advocating for services, including medical services.

Session 9: Home Strategies I: Skills Building

Introduction to general ways of building skills in the home, including social and language skills and adaptive skills.

Session 10: Home Strategies II: Stress Reduction

Introduction to general ways of decreasing stress and teaching adaptive coping strategies in the home.

Educational Series for Parents

The LPCH Center for Autism and Related Disorders (CARD) is offering a 10-part educational series for parents of young children (1-5 years) newly diagnosed with an Autism Spectrum Disorder (ASD). The series is designed to provide parents with information about ASD diagnoses, treatment, and services.

Sessions will be held in the Stanford Psychiatry Building, (401 Quarry Road, Conference Room 2209) on Thursday evenings from 5:15-6:45 pm.

Series will be ongoing; registration can be for individual session or entire series. Parents may join at any time.

*Sessions
scheduled to
begin
October
2008*



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