



*Center for Nursing Excellence*

*Presents*

**AMERICAN HEART  
ASSOCIATION**  
**BASIC LIFE SUPPORT**  
*FOR*

*Health Care Providers  
Recertification Course*



***BLS for Healthcare Provider  
Course Objectives:***

- ♥ CPR for infants, children and adults
- ♥ Relief of Foreign Body Airway Obstruction for infants, children and adults
- ♥ Use of the bag-valve-mask device
- ♥ Use of Automated External Defibrillators
- ♥ The learner will pass the AHA written examination.  
\*Written exam covers all skills, risk factors for heart disease and stroke, pathophysiology of heart disease and stroke and prevention strategies.

**Lead Instructor**

Lynda Knight, RN CCRN  
AHA Regional Faculty-  
LPCH Life Support Coordinator

Eileen Carroll, RN, BSN, MSN  
AHA Regional Faculty  
[ecarroll@lpch.org](mailto:ecarroll@lpch.org)

**Cancellation Policy**

Registration deadline: **5 days** prior to course.

Cancellation: Tuition fees will be refunded if notice is received on, or before, registration deadline. No refund will be granted if cancellation is received after registration deadline. No refund will be granted in cases of non-attendance.

Payment and all required paperwork must accompany registration. Once payment is received, the textbook will be mailed.

**AHA Online Testing Information**

Requirements:

- ♥ Current BLS Card
- ♥ AHA completion Certificate
- ♥ Completed registration 5 days prior to course date

To learn more about online testing:

Testing website:

<http://www.onlineaha.org>

(We do not supply “keys” for testing. You must purchase the online test from the AHA website to complete)

## COURSE DESCRIPTION

BLS is a course that teaches the American Heart Association Basic Life Support for Healthcare Providers course. After passing written and skills examinations learners will receive the AHA BLS Healthcare Provider card (CPR & AED). The recertification classes are three hours in length.

## PREREQUISITES FOR BLS RENEWAL

1. A copy of your current BLS Healthcare Provider card.
2. Recertification must be completed before the end of the month of the date your card expires.
3. Must be prepared for class through BLS text review or completion of online evaluation.

## BRN CREDIT

BRN credit is not available for this course per California State Board of Registered Nursing rules.

All courses are held at the following address:

LPCH-CNE Training Center  
(AHA Training Facility)  
1400 Page Mill Road  
Palo Alto, CA 94304  
(650) 497-8933 (press 0)

## BLS AGENDA

<b>25 Minutes</b>	<ul style="list-style-type: none"> <li>• <b>Introduction/Science Video</b></li> </ul>
<b>55 Minutes</b>	<ul style="list-style-type: none"> <li>• <b>1-Rescuer CPR</b></li> <li>• <b>Child CPR Sequence</b></li> <li>• <b>2-Rescuer CPR</b></li> <li>• <b>AED Introduction and AED Use</b></li> <li>• <b>Practice Session and Skills Test</b></li> </ul>
<b>45 Minutes</b>	<ul style="list-style-type: none"> <li>• <b>AED Special Situations and Safety</b></li> <li>• <b>Advanced Airway</b></li> <li>• <b>Infant CPR 1-Rescuer</b></li> <li>• <b>Infant rescue breathing with Bag Mask</b></li> <li>• <b>2-Rescuer Infant CPR</b></li> <li>• <b>Practice Session and Skills Test</b></li> </ul>
<b>25 Minutes</b>	<ul style="list-style-type: none"> <li>• <b>Adult/Child Choking</b></li> <li>• <b>Infant Choking</b></li> <li>• <b>Special Considerations</b></li> <li>• <b>Stroke, Heart Attack</b></li> <li>• <b>Course Summary</b></li> </ul>
<b>20 Minutes</b>	<ul style="list-style-type: none"> <li>• <b>Written Test/Evaluation</b></li> <li>• <b>Remediation (If needed)</b></li> </ul>

BLS for Healthcare Providers  
Recertification Class

The 2010 course dates are listed below:

Session 1 – 8am -9am skills testing

Session 2 – 9am-12pm

January 21	July 14
February 18	August 19
March 17	September 8
April 15	October 6
May 27	November 16
June 24	December 6

Below are skills only sessions from  
12 noon to 1pm

CALL TO CONFIRM DATES

January 25	June 4
February 8	July 9
April 12	August 6
May 3	October 1
	November 19

Below are the skills only sessions from  
11:00 am to 12 noon

CALL TO CONFIRM DATES

January 8	July 20
February 23	August 24
March 9	September 17
April 27	October 26
May 21	December 17

## REGISTRATION FORM

Write in date and session time of BLS class you wish to register for:

\_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Hospital affiliation: \_\_\_\_\_

Phone (work) \_\_\_\_\_ (home) \_\_\_\_\_

## BLS COURSE PRICES

\$75.00 Recertification Course (book included)

\$55 Skills only testing (no book required)

*Make Checks payable to LPCH -CNE and mail to:*

Lucile Packard Children's Hospital  
725 Welch Road  
(1400 Page Mill Suite 141)  
Palo Alto, CA 94304

(650) 497-8933 immediately press 0 for assistance

(650) 498-2651 Fax

[www.nursingexcellence.lpch.org](http://www.nursingexcellence.lpch.org)

Continued on next page