



Welcome from Packard Children's Hospital Health Care Staff!

Welcome to the Neonatal Intensive Care Unit (NICU) at Lucile Packard Children's Hospital. Our goal is to include you as a partner in the care of your baby to the extent you are comfortable.

Partnership in the NICU means:

- ❖ we will share information,
- ❖ involve you in care decisions,
- ❖ and incorporate family information and perspectives.

Medical Rounds is one way to partner with health care staff in the NICU. Please read over this brochure and decide if participating in Medical Rounds is right for you.

FAMILY *to* FAMILY

Dear Families,

We are parents of children who received care from Lucile Packard Children's Hospital. Through the years, we have learned about the importance of building partnerships with our child's health care team. At Packard Children's, you are encouraged to be an active and full member of your baby's health care team.

This brochure was created in partnership with Packard staff to provide information about Medical Rounds in the NICU. We have described the purpose and function of Medical Rounds and how you might participate. We hope this helps you determine the best-fit role for you in Medical Rounds.

*From our family to yours,
The Parent Lead Staff
of Family-Centered Care*



FAMILY-CENTERED CARE
AT PACKARD CHILDREN'S

family-centered care

FAMILY *to* FAMILY
S E R I E S

The Parent's Role at Medical Rounds



A Guide for Families

Lucile Packard
Children's Hospital
AT STANFORD





families + packard = family-centered care

What Are Rounds?

Each morning the NICU doctors, nurses and other health providers meet to **discuss the condition and care of all the babies in the NICU**. This is the health care team providing care to your baby.

When Do Rounds Happen?

Rounds happen every day between **9 and 11 am**. The health care team will see patients in all four rooms of the NICU.

What Is Discussed At Rounds?

Rounds is a **medical update of your baby's condition and progress**. The discussion will include:

- Changes in your baby's condition from the previous rounds
- New lab or radiology study results
- Daily treatment plan
- Progress towards discharge

The discussion will focus on the development of the day's **treatment plan** for your baby--with each health care professional sharing his or her expertise and insights. The attending doctor will make the final decision on the treatment plan for your baby.

Since this is a teaching hospital, rounds is also an opportunity for the attending doctor to teach Residents, Interns, and Fellows.

Are Parents Required to Attend Rounds?

It is your **choice** to attend rounds.

How Can Parents Join Rounds?

To join rounds, just stay by your baby's bed and rounds will be held bedside. Each day you can choose to:

- participate in rounds;
- stay by the bedside but not participate;
- leave the unit during rounds.

What Is the Parent's Role in Rounds?

You are a **member of your child's health care team!** Rounds is a time for parents to:

- listen to the medical information presented;
- ask clarifying questions;
- and provide parent information and perspectives about the treatment plan.



The medical team has a large number of patients to round on each day and may not have time to answer all of your questions. Please choose one or two questions that are most important to you to ask during rounds.

What If Parents Have Additional Questions to Ask the Care Team?

If you have additional questions or would like a doctor to review the treatment plan with you, please let the team or your social worker know. A **time will be scheduled** later in the day.

Confidentiality in the NICU



Maintaining patient confidentiality is very important in our NICU as well as our hospital. We are committed to protecting the privacy of each patient and family.

Our staff is bound by law to give medical information about a child only to the parents. It is possible that you may overhear information about another patient. We ask you to help us maintain privacy for every family in the NICU.

- Respect other patients and their families.

If you hear something about another baby, please keep the information private.

- Please don't share information you have overheard about another baby with anyone, including the baby's parents.

It is important that parents receive information about their child's medical condition from their own doctors and nurses.

- Please do not ask staff questions about another patient in the NICU.

We know you are asking because you care. Our doctors and nurses cannot share this information with you since they are required by law to maintain the privacy of each patient.