

What can I do?

While your brother or sister is in the hospital, you can...

- Call your brother or sister
- Send his or her favorite toys from home
- Read a few stories or sing a few songs into a tape player or video camera to send to the hospital
- Paint or color a few pictures for their room
- Email or text
- Write letters or create a journal about what's going on at home while they are away
- Take pictures of your family, friends and pets and make an album
- Make a special collage using old magazines and pictures
- Have your parents create a photo journal of your brother's/sister's experience in the hospital
- Design a greeting card on the LPCH.org web site and the hospital volunteers will deliver it to your brother's or sister's room
- Make a sign with information about your brother or sister for the hospital staff. Information can include:
 - Your brother's or sister's likes such as favorite toys, books, songs, TV shows, movies or games
 - Your brother's or sister's dislikes such as getting up in the morning or foods they do not like
 - Special words, such as "binky" for pacifier, that your brother or sister uses to identify certain items

LPCH Recreation Therapy/Child Life Department
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